



Winter Swim Lessons: Session 2

Participant Name: _____ Age: _____ D.O.B. _____ Gender: M / F

Grade: _____ School Currently Attending: _____

Address: _____ City: _____ Zip Code: _____

Parent/Guardian Name 1: _____ Email (required): _____

Home Phone: _____ Cell Phone: _____

Parent/Guardian Name 2: _____ Email (required): _____

Home Phone: _____ Cell Phone: _____

Membership Status (Please Circle): Foundation Member Member Non-Member

EMERGENCY CONTACT INFORMATION

Name of Emergency Contact: _____

Relationship to Participant: _____ Phone: _____

Is there any other information that we should know about the participant which would enable us to better serve them? (physical, medical conditions, medications, allergies, etc.) _____

IMPORTANT INFORMATION:

The last day to register without a late fee of \$25 is January 28th, 2022. Swim lessons are done on a first come, first serve basis, please secure your spot early to ensure you class doesn't close.

GENERAL RELEASE FORM

The undersigned participant and/or his/her guardian, in consideration of Pearce Community Center providing activities, instruction and/or supervision in all areas: swimming, gym, fitness, track, field trips and any and all activities, does hereby:

- Assume all risk of possible damage or injury involved through participation in the above noted activities.
- Request permission to participate in the activity with full knowledge that said activities could result in damage or injury to my dependent.
- Give permission to leave Pearce Community Center groups for any field trips.
- Agree to indemnify and hold harmless PCC and all employee's and/or volunteers.
- Agree to abide by the rules and regulations of Pearce Community Center as stated in its catalog.
- Grant permission to PCC, to take and use: video, photographs, and/or digital images of me, my child/children for use in news releases, promotional projects and/or educational materials.
- Request receipt of digital communication from Pearce Community Center.

Parent/Guardian Signature: _____ Date: _____

**Please complete this registration form and return with payment to Pearce Community Center
610 W. Cedar, Chillicothe, IL 61523 Questions? Contact Athletic Manager Andrew Cunningham at
(309) 274-4209 ext. 106 or acunningham@pearcecc.com**



Winter Swim Lessons: Session 2

Participant's Name: _____

Welcome to Swim Lessons! Our program meets USA swimming standards. We not only will be teaching children basic swim skills, but we will also be teaching the fundamentals of all 4 strokes (Freestyle, Backstroke, Breaststroke, and Butterfly).

Each level description below is to give you an idea of where to place your child and to give a preview of some skills they will be learning this session! An evaluation report card will be issued at the end of each session which will determine the level your child will be in the next session. For ages 4+

Level 1- Water Comfort

Swimming with a noodle, blowing bubbles, kicking with a board- front and back, front/ back float, and streamline glide front and back.

Level 2- Freestyle and Backstroke

Freestyle arms/kick, backstroke arms/kick, breathing to the side, sitting dives, streamline glides front/back, and breast kick.

Level 3- Breast and Butterfly

Refresher of back and free, rotary breathing, butterfly kick/arms, review of breast kick, and breast arms.

Swim Lessons (ages 4+) Prices Per Session

Foundation \$41.25

Members \$55.00

Non-Members \$80.00

Please **CIRCLE** which time slot you wish to sign up for.

Session 2: Feb 1st- 24th

4:30 pm- 5:00 pm

5:00 pm- 5:30 pm

5:30 pm- 6:00 pm

Lessons will run at your selected time slot on Tuesdays and Thursdays. For lessons, please circle what level you believe you child is. The first day of each session will be an evaluation day to ensure each child is placed in their appropriate level for their skills.

Level: 1 2 3

NOTES:
